

TEXTPULSE

Virtual Wellbeing System



Individual wellbeing and organisational success go hand-in-hand. Employee wellbeing is not a fleeting workplace trend. It's a key performance driver for your business and so having the right tools is essential.

TextPulse is a hi-tech solution based on clinical and behavioural science and backed by human interaction. It's simple to implement, and can be used immediately to integrate wellbeing support for employees into your day-to-day operations.

DID YOU KNOW:

- 6 in 10 employees have experienced a work wellbeing issue
- Dissatisfied workers rate motivation at 29% and effectiveness at 13%.
- Satisfied workers rate motivation at 96% and effectiveness at 93%

*SCG Work Wellbeing Index 2022

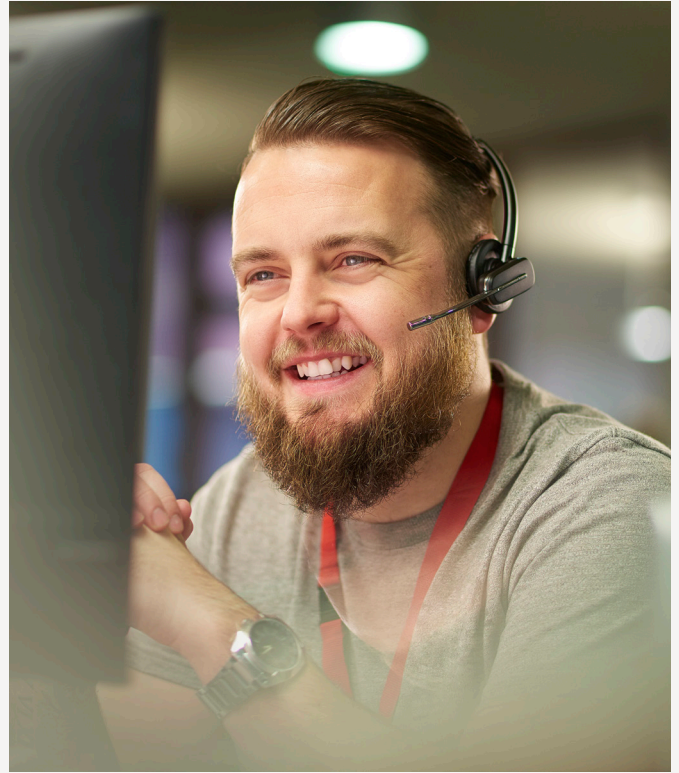
WHAT IS TEXTPULSE?

- TextPulse is an evidence-based virtual wellbeing system that uses two-way text messaging. It is backed up by predictive analysis using artificial intelligence and is driven by one-on-one human interaction with a Wellbeing Angel.
- By proactively checking in with individuals, rather than waiting for them to show signs of stress, TextPulse identifies employees who are struggling before their challenges have a serious impact on their life and mental health.
- TextPulse is a simple, easy-to-use, totally confidential method of making employees feel safe and supported in sharing their challenges and demonstrating your genuine care for their wellbeing as their employer.
- TextPulse is the result of a partnership between Skills Consulting Group and global award-winning digital mobile health organisation, WelTel Health Inc.



WHY TEXTPULSE WORKS

- Wellbeing Angels support the advanced technology and behavioural science to ensure no-one is missed, and personalised support is offered.
- TextPulse is trained on millions of conversations to triage employees' mental and emotional health, and keeps learning with each interaction.
- It helps employers with early identification of wellbeing themes.
- It is a real-time health check for your people – 95% of texts read within three minutes of being sent.
- It works on any mobile device, anytime with no cost to the employee.
- It communicates with employees in a way they feel most comfortable with.
- It is completely secure and totally confidential.



HOW TEXTPULSE WORKS



TextPulse sends a regular check in with the individuals in your team via text message to see how they are doing.



TextPulse classifies message responses as Red, Orange and Green.



Wellbeing Angels, who are trained TextPulse users, triage responses and text back to individuals with personalised support to meet their current needs.



Wellbeing Angels review all messages which keeps training the TextPulse artificial intelligence and ensure accurate triaging.



To set up the system employees opt-in and supply their name and mobile number.



Using broadcast communication, message content and frequency are all customisable to your organisation.



TextPulse has 62 language dictionaries in action and is learning Te Reo.



Employer dashboards gives organisations the capacity to take a deep dive into the data to identify broader wellbeing issues that need addressing.

To find out how your organisation can benefit from TextPulse contact

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